

	Monday 30 January 2023	Tuesday 31 January 2023	Wednesday 1 February 2023	Thursday 2 February 2023	Friday 3 February 2023
Week 3 Week commencing 30 January 2023	Pasta Bolognaise OR Chicken Goujons Crusty Bread, Sweetcorn, Mashed Potato Raspberry Ripple Ice Cream and Fresh Fruit Chunks	Roast Breast of Chicken OR Chicken and Broccoli Bake, Traditional Stuffing, Gravy Carrot and Parsnip, Oven Dry Roast and mashed Potato Popcorn Cookies and Watermelon Chunks	Breast of Chicken Curry, Boiled Rice and Naan Bread OR BBQ Chicken Panini Tossed Salad, Garden Peas, Baked Potato Fruit Sponge and Custard	Salmon Fish Cake OR Breaded Fish Baked Beans, Mashed Potato Frozen Smoothies and Fresh Fruit	Burger in a Bap OR Margherita Pizza Tossed Salad, Coleslaw, Chips, Baked Potato Fresh Fruit Selection and Yoghurts

	Monday 6 February 2023	Tuesday 7 February 2023	Wednesday 8 February 2023	Thursday 9 February 2023	Friday 10 February 2023
Week 4 Week commencing 6 February 2023	Oven baked sausages OR Homemade salt and chilli chicken Baked beans, mashed potatoes Artic roll and selection of fresh fruit	Breaded fish fillets OR Spaghetti Bolognaise Sweetcorn and peas Mashed potato Melon, cheese and crackers	Breast of Chicken Curry with boiled rice and naan bread OR Chicken & cheese panini Garden peas, baked potato, tossed salad Fruit sponge and custard	Roast beef or roast breast of chicken Traditional stuffing, gravy, savoy cabbage, oven roast dry and mashed potato Fresh fruit selection and yoghurt	Steak burger and bap OR Margherita pizza Chips, baked potato, tossed salad, coleslaw Flakemeal biscuit and fruit chunks

	Monday 13 February 2023	Tuesday 14 February 2023	Wednesday 15 February 2023	Thursday 16 February 2023	Friday 17 February 2023
Week 1 Week commencing 13 February 2023	Mid Term Holiday	Mid Term Holiday	Mid Term Holiday	Mid Term Holiday	Mid Term Holiday

	Monday 20 February 2023	Tuesday 21 February 2023	Wednesday 22 February 2023	Thursday 23 February 2023	Friday 24 February 2023
Week 2 Week commencing 20 February 2023	Spaghetti Bolognaise OR Chicken Wrap, Crusty Bread ½ Baked Potato with Cheese Tossed Salad Melon, Cheese and Crackers	Breast of Chicken curry and Rice Naan Bread OR Margherita Pizza Garden Peas, Salad Selection, Baked Potato Chocolate Sponge and Custard	Breaded Fish Goujons OR Chicken Crumble Sweetcorn, Mashed Potato, Tossed Salad Flakemeal Biscuits and Fresh Fruit	Roast Pork OR Roast Breast of Chicken, Traditional Stuffing, Gravy Cauliflower Cheese, Fresh Diced Carrots, Oven Dry Roast and Mashed Potato Fresh Fruit Selection and Yoghurt	Breaded Chicken Bites Beans, Chips, Baked Potato, Coleslaw Jelly, ice-cream and fresh fruit

The first item listed is the **main meal** prepared. For those who refuse to eat this item, they will be offered the second item listed.