

	Monday 10 October 2022	Tuesday 11 October 2022	Wednesday 12 October 2022	Thursday 13 October 2022	Friday 14 October 2022
<b>Week 4</b>  Week commencing 10 October 2022	Oven baked sausages OR Homemade salt and chilli chicken  Baked beans, mashed potatoes  Artic roll and selection of fresh fruit	Breaded fish fillets OR Spaghetti Bolognaise  Sweetcorn and peas  Mashed potato  Melon, cheese and crackers	Breast of Chicken Curry with boiled rice and naan break OR Chicken & cheese panini  Garden peas, baked potato, tossed salad  Fruit sponge and custard	<b>Roast beef or roast breast of            chicken</b>  <b>Traditional</b> stuffing, gravy, savoy cabbage, oven roast dry and mashed potato  Fresh fruit selection and yoghurt	Steak burger and bap OR Margherita pizza  Chips, baked potato, tossed salad, coleslaw  Flakemeal biscuit and fruit chunks

	Monday 17 October 2022	Tuesday 18 October 2022	Wednesday 19 October 2022	Thursday 20 October 2022	Friday 21 October 2022
<b>Week 1</b>  Week commencing 17 October 2022	Breast of Chicken Curry and Rice, Naan Bread OR Margherita Pizza  Garden Peas, Salad Selection, Baked Potato  Jam and Coconut Sponge	Breaded Fish Fingers OR Chicken Pasta Bake  Baked Beans, Mixed Vegetables, Mashed Potato, Tossed Salad  Fresh Fruit Selection and Yoghurt	Breaded Chicken Goujons OR Spicy Chicken in a Warm Tortilla Wrap  Sweetcorn, Mashed Potatoes, Salad Selection  Vanilla Ice Cream, oranges and Chocolate Sauce	Roast Beef OR Roast Chicken Traditional Stuffing, Gravy  Fresh Baton Carrots, Broccoli Florets, Oven Dry Roast and Mashed Potatoes  Frozen Yoghurt and Fresh Fruit Selection	Steak Burger with Bap OR Chicken Panini  Tossed Salad/Coleslaw Chips, Baked Potato  Flakemeal Biscuits and Fresh Fruit Chunks

	Monday 24 October 2022	Tuesday 25 October 2022	Wednesday 26 October 2022	Thursday 27 October 2022	Friday 28 October 2022
<b>Week 2</b>  Week commencing 24 October 2022	Spaghetti Bolognaise OR Chicken Wrap, Crusty Bread  ½ Baked Potato with Cheese Tossed Salad  Melon, Cheese and Crackers	Breast of Chicken curry and Rice Naan Bread OR Margherita Pizza  Garden Peas, Salad Selection, Baked Potato  Chocolate Sponge and Custard	Breaded Fish Goujons OR Chicken Crumble  Sweetcorn, Mashed Potato, Tossed Salad  Flakemeal Biscuits and Fresh Fruit	Roast Port OR Roast Breast of Chicken, Traditional Stuffing, Gravy  Cauliflower Cheese, Fresh Diced Carrots, Oven Dry Roast and Mashed Potato  Fresh Fruit Selection and Yoghurt	Staff Development Day

	Monday 7 November 2022	Tuesday 8 November 2022	Wednesday 9 November 2022	Thursday 10 November 2022	Friday 11 November 2022
<b>Week 3</b>  Week commencing 7 November 2022	Pasta Bolognaise OR Chicken Goujons  Crusty Bread, Sweetcorn, Mashed Potato  Raspberry Ripple Ice Cream and Fresh Fruit Chunks	Roast Breast of Chicken OR Chicken and Broccoli Bake, Traditional Stuffing, Gravy  Carrot and Parsnip, Oven Dry Roast and mashed Potato  Popcorn Cookies and Watermelon Chunks	Breast of Chicken Curry, Boiled Rice and Naan Bread OR BBQ Chicken Panini  Tossed Salad, Garden Peas, Baked Potato  Fruit Sponge and Custard	Salmon Fish Cake OR Breaded Fish  Baked Beans, Mashed Potato  Frozen Smoothies and Fresh Fruit	Burger in a Bap OR Margherita Pizza  Tossed Salad, Coleslaw, Chips, Baked Potato  Fresh Fruit Selection and Yoghurts