

	Monday 12 September 2022	Tuesday 13 September 2022	Wednesday 14 September 2022	Thursday 15 September 2022	Friday 16 September 2022
Week 4 Week commencing 12 September 2022	Oven baked sausages OR Homemade salt and chilli chicken Baked beans, mashed potatoes Artic roll and selection of fresh fruit	Breast of Chicken Curry with boiled rice and naan break OR Chicken & cheese panini Garden peas, baked potato, tossed salad Fruit sponge and custard	Breaded fish fillets OR Spaghetti Bolognaise Sweetcorn and peas Mashed potato Melon, cheese and crackers	Roast beef or roast breast of chicken Traditional stuffing, gravy, savoy cabbage, oven roast dry and mashed potato Fresh fruit selection and yoghurt	Steak burger and bap OR Margherita pizza Chips, baked potato, tossed salad, coleslaw Flakemeal biscuit and fruit chunks

	Monday 19 September 2022	Tuesday 20 September 2022	Wednesday 21 September 2022	Thursday 22 September 2022	Friday 23 September 2022
Week 1 Week commencing 19 September 2022	Breast of Chicken Curry and Rice, Naan Bread OR Margherita Pizza Garden Peas, Salad Selection, Baked Potato Jam and Coconut Sponge	Breaded Fish Fingers OR Chicken Pasta Bake Baked Beans, Mixed Vegetables, Mashed Potato, Tossed Salad Fresh Fruit Selection and Yoghurt	Breaded Chicken Goujons OR Spicy Chicken in a Warm Tortilla Wrap Sweetcorn, Mashed Potatoes, Salad Selection Vanilla Ice Cream, oranges and Chocolate Sauce	Roast Beef OR Roast Chicken Traditional Stuffing, Gravy Fresh Baton Carrots, Broccoli Florets, Oven Dry Roast and Mashed Potatoes Frozen Yoghurt and Fresh Fruit Selection	Steak Burger with Bap OR Chicken Panini Tossed Salad/Coleslaw Chips, Baked Potato Flakemeal Biscuits and Fresh Fruit Chunks

	Monday 26 September 2022	Tuesday 27 September 2022	Wednesday 28 September 2022	Thursday 29 September 2022	Friday 30 September 2022
Week 2 Week commencing 26 September 2022	Spaghetti Bolognaise OR Chicken Wrap, Crusty Bread ½ Baked Potato with Cheese Tossed Salad Melon, Cheese and Crackers	Breast of Chicken curry and Rice Naan Bread OR Margherita Pizza Garden Peas, Salad Selection, Baked Potato Chocolate Sponge and Custard	Breaded Fish Goujons OR Chicken Crumble Sweetcorn, Mashed Potato, Tossed Salad Flakemeal Biscuits and Fresh Fruit	Roast Port OR Roast Breast of Chicken, Traditional Stuffing, Gravy Cauliflower Cheese, Fresh Diced Carrots, Oven Dry Roast and Mashed Potato Fresh Fruit Selection and Yoghurt	Breaded Chicken Bites OR Chicken and Cheese Panini Beans, Chips, Baked Potato, Coleslaw Jelly, Ice Cream and Fresh Fruit

	Monday 3 October 2022	Tuesday 4 October 2022	Wednesday 5 October 2022	Thursday 6 October 2022	Friday 7 October 2022
Week 3 Week commencing 3 October 2022	Pasta Bolognaise OR Chicken Goujons Crusty Bread, Sweetcorn, Mashed Potato Raspberry Ripple Ice Cream and Fresh Fruit Chunks	Roast Breast of Chicken OR Chicken and Broccoli Bake, Traditional Stuffing, Gravy Carrot and Parsnip, Oven Dry Roast and mashed Potato Popcorn Cookies and Watermelon Chunks	Breast of Chicken Curry, Boiled Rice and Naan Bread OR BBQ Chicken Panini Tossed Salad, Garden Peas, Baked Potato Fruit Sponge and Custard	Salmon Fish Cake OR Breaded Fish Baked Beans, Mashed Potato Frozen Smoothies and Fresh Fruit	Burger in a Bap OR Margherita Pizza Tossed Salad, Coleslaw, Chips, Baked Potato Fresh Fruit Selection and Yoghurts